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AdventHealth opens clinic to help heart failure patients receive connected care in Polk County

The Heart Success Center offers coordinated care that ensures a safe transition from hospital to home for cardiac patients, while also reducing readmissions and lowering health care costs.

DAVENPORT, Fla., June 22, 2020 — With heart disease being the leading cause of death in the U.S. and in Florida, cardiac care is a priority at AdventHealth Heart of Florida and a guiding force behind the new Heart Success Center.

In Polk County, the death rate from heart disease is higher than the rest of Florida. AdventHealth leaders see this not only as a cause for concern but as a cause for action. After returning home from the hospital, heart failure patients often have medical issues that need to be addressed. In many cases, the patients return to the emergency department because they have nowhere else to go.

“The Heart Success Center offers services that supplement a patient’s care plan set up by their primary care provider,” explained Shelly Moore, director of Cardiac Care for AdventHealth Heart of Florida and Lake Wales.

Patients will meet with a pharmacist who will help manage their medication management. A dietician will create personalized meal plans and offer education. And the clinical team coordinates care, helps educate and stays connected with the patients.

“We want our patients to know that once they leave the hospital, we will continue to play an active role in their road to wellness,” Moore said. “Our Heart Success Center is where heart failure becomes heart success.”

The Heart Success Center is located at 40124 U.S. Highway 27, Suite 102 in the Cypress Physician Building on the AdventHealth Heart of Florida campus in Davenport.

To learn more about the program or to schedule an appointment, call 863-422-5331.
adventhealthorlandonews.com

Where Heart Failure Becomes Heart Success

For patients diagnosed with heart failure, the Heart Success Center at AdventHealth Heart of Florida delivers coordinated, evidence-based, effective care that ensures a safe transition from hospital to community.

The Heart Success Center's goal is to keep people in their communities and out of the hospital. To achieve this, our multidisciplinary team utilizes evidence-based practices intended to keep patients healthy longer. Working with the patient's primary care physician or cardiologist, our services are provided as a supplement to the patient's care plan.

Multidisciplinary Team

The medical director of the clinic, a cardiologist specializing in heart failure, leads our multidisciplinary team and manages patient care with the assistance of advanced practice registered nurses (APRNs). They work in conjunction with a pharmacist, dietitian, social worker, and transitional care registered nurses — all in one location.

Additionally, the team collaborates with the AdventHealth Transplant Institute to provide heart transplant services.

- **APRN:** Patient care will be managed by an APRN, who has advanced training in cardiology and heart failure.
- **Pharmacist:** Our cardiology-trained clinical pharmacist will help patients manage their disease through education and medication management.



- **Registered licensed dietitian:** The dietitian provides nutritional services, including dietary education for disease management, personalized meal plans and feedback to help patients succeed.
- **Social worker:** A social worker is available to assist qualified patients with coordination of care and navigating any obstacles they encounter within the health care system. They also coordinate post-clinic care, including home health care, meal options, financial assistance, access to health care services, transportation, and social and family support.
- **Transitional-care registered nurses:** These nurses assist in the transition from hospital to home through inpatient education, coordinating care and calling patients at home to answer questions and offer support.

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The Heart Success Center

AdventHealth Cardiovascular Institute



The Heart Success Center

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2024 PDL16-0469-4

